

*Thanksgiving Thoughts: 30 Day Devotional on Gratitude*  
Your Thanksgiving Thoughts Journal Page

**WHO Section:**

*God ~ Psalm 118*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What about God stirs your heart to thankfulness today?

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Pray back Psalm 118 to God and ask to be filled with an attitude of gratitude for who God is.

*Son ~ John 3:16-21*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What about God the Son stirs your heart to thankfulness today?

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Pray back John 3:16-21 to God and ask to be filled with an attitude of gratitude for who Jesus is.

*Holy Spirit ~ Romans 8*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What about God, the Holy Spirit, stirs your heart to thankfulness today?

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Pray back the verse(s) you wrote out from Romans 8 to God and ask to be filled with an attitude of gratitude for the Holy Spirit.

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**WHAT Section:**

*Big Things ~ Luke 17:11-17*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What 'big thing' are you going to thank God for?

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Pray back Luke 17:11-17 to God and ask to be filled with an attitude of gratitude for the 'big thing' in your life. Ask God to help your heart stay attuned to gratefulness towards God during the good 'big things.'

*Small Things ~ Philippians 4:4-7*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What is a 'small thing' that you can thank God for today? Was there a time when you noticed 'small things' that led up to a 'big thing' that you were thankful for?

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Pray back *Philippians 4:4-7* to God and ask to be filled with an attitude of gratitude even for the 'small things' that God does for us.

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*Anything ~ Colossians 2:6-7*

*Your Thanksgiving Thought:*

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Does the phrase ‘abounding in thanksgiving’ describe the kind of person you are? If not, how do you plan to become more purposeful in giving thanks for anything?

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Pray back Col 2:6-7 to God and ask to help you become a person ‘abounding in thanksgiving.’

*People ~ Ephesians 5:15-21*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What about how God desires us to interact with others stirs your heart to thankfulness today? Who has impacted your life, and how are you going to express your gratitude for them?

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Pray back Eph 5:15-21 to God and ask to be filled with gratitude for the people in your life.

*Hard Things ~ 2 Corinthians 12:9-10*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What hard thing can you give thanks to God for today?

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Pray back 2 Corinthians 12:9-10 to God and ask to be filled with an attitude of gratitude for how God is at work in the hard parts of your life.

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***WHEN Section:***

*When Thanksgiving is Easy ~ Psalm 145:1-7*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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In what ways can you praise the Lord every day? How can you incorporate singing of God's righteousness in your daily routine?

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Pray back Psalm 145:1-7 to God and ask Him to help you be quick to praise Him.

*When Thanksgiving is Hard ~ Scripture Psalm 118:5-6 & 13-15*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What about how God's help in hard times stirs your heart to thankfulness today?

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Pray back Psalm 118:5-8 & 13-16 to God and ask Him to help you give thanks even during hard times.

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*Thanksgiving When We Grieve ~ Scripture Reading Psalm 126:5-6*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What are you grieving, and how are you able to be thankful today?

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Pray back Psalm 126:5-6 to God and ask to be filled with an attitude of gratitude as you grieve.

*Thanksgiving and Strained Relationships ~ Various Scripture Passages*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What strained relationship will you have to face? How can you see Jesus standing in the gap for you?

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Pray back the verse you selected to God and ask to grow deeper in your understanding and gratitude for how the Lord shows up for us in that way, too.

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*Thanksgiving Day and Night ~ Deuteronomy 6:4-9*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What could be a tangible reminder in your daily routine to pause and give thanks to God?

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Pray back Deuteronomy 6:4-9 to God and ask for awareness of opportunities to give thanks to God day and night.

*Thanksgiving When You Don't Feel Like It ~ Psalm 25*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What are you lamenting, and how are you able to be thankful despite your sorrow?

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Pray back Psalm 25 to God, and ask Him to give you the courage to walk through the movements of lament, to become more honest with God, and to strengthen your relationship with Him.

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**WHERE Section:**

*Thanksgiving at the Hospital ~ Hebrews 13:15-16*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What is your 'sacrifice of praise?' How can you express gratitude in uncommon places?

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Pray back Heb 13:15-16 to God and ask to be filled with an attitude of gratitude despite your sacrifice of praise.

*Thanksgiving in the Car ~ 1 Thessalonians 5:16-18*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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How can you transform your car rides into God-times? What is something your kids said they are thankful for?

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Pray back 1 Thessalonians 5:16-18 to God and ask Him to help you have gratitude moments even as you travel.

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*Thanksgiving in Church ~ Acts 2:42-47*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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Where are you on your church journey? How can you be thankful for your church today?

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Pray back *Acts 2:42-47* to God and ask to be filled with an attitude of gratitude for the church.

*Thanksgiving At Home ~ Psalm 33:1-3 & Hebrews 13:2*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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Does your home welcome an attitude of gratitude? How can you express gratitude towards your guests (or the host) this season in a tangible way?

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Pray back *Psalm 33:1-3* to God and ask Him to give you an attitude of praise that benefits the people in your home.



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*At Work ~ Ecclesiastes 3:9-15 & 22*

Your Thanksgiving Thought:

Copy the verse(s) from the reading that stood out to you the most.

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What attitude do you bring to your workplace? How would you like to see it turned around?

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Pray back Ecclesiastes 3:9-15 & 22 to God and ask Him to help you have an attitude of gratitude in your workplace, for your work, and your coworkers.

**WHY Section:**

*God deserves our Thanksgiving ~ Revelation 4:8-11*

Your Thanksgiving Thought:

Copy the verse(s) from the reading that stood out to you the most.

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What about God makes you especially grateful for Him today?

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Pray back *Revelation 4:8-11* to God and ask to be filled with gratitude for who He is.

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*I Need Thanksgiving ~ Lamentations 3:22-26*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What has made you realize you will benefit from being a more grateful person?

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Pray back *Lamentations 3:22-26* to God and ask to be filled with an attitude of gratitude each day, just as He provides us with new mercies each day.

*Thanksgiving is Life Changing ~ Philippians 2:12-18*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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Has gratitude changed your life? If not, why not? If yes, who are you going to tell?

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Pray back *Philippians 2:12-18* to God and ask Him to help you be a person who is known for rejoicing.

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*Thanksgiving is Life-Giving ~ Proverbs 17:22*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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How can you be 'good medicine' to those around you?

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Pray back *Proverbs 17:22* to God and ask Him to help you be a life-giving person through your grateful spirit.

*Your People Need Thanksgiving ~ Isaiah 12*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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When and how are you going to express gratitude towards those around you?

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Pray back *Isaiah 12* to God and ask God to use you as a blessing towards those around you by your grateful spirit.

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*Thanksgiving Represents Jesus Well ~ Psalm 67*

*Your Thanksgiving Thought:*

Copy the verse(s) from the reading that stood out to you the most.

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What are you grieving, and how are you able to be thankful today?

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Pray back *Psalm 67* to God and ask God to fill you with gratitude this Thanksgiving season and beyond so that you can make Jesus great!

*Conclusion*

Thank you so much for spending the past thirty days with me! I pray that this journey of gratitude has filled your heart and given you a new perspective on being grateful in all seasons of life. Looking for more encouragement? Tune into my podcast.

Want to stay connected? Follow my Instagram [@from\\_weary\\_to\\_worship](#).

I would be grateful for the opportunity to speak at your church's women's conference, retreat, or business training day. You can reach out to me at: [kellybecca16@gmail.com](mailto:kellybecca16@gmail.com).

Thank you for being a part of the From Weary to Worship community. God bless you!

